

# FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page  
<http://www-nehc.med.navy.mil/hp/index.htm>

## Friday FACTS

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5 January 2001

"Leadership, Partnership, and Championship"

### ADSW OPPORTUNITY AT NEHC FOR QUALIFIED SELRES!

A Selected Reservist is being recruited for Active Duty for Special Work (ADSW). Application deadline is 26 January. The ideal candidate will be:

Rank: **0-4 to 0-5**

Designator: **2XXX**

AOD (Additional Qualification Designator): **62H, HP Coordinator (desired)**

Certification: **Health Promotion Director (HPD) by the Cooper Institute for Aerobics Research (required)**

Job/Billet Title: **Project Manager for Naval Reserve Health Promotion**

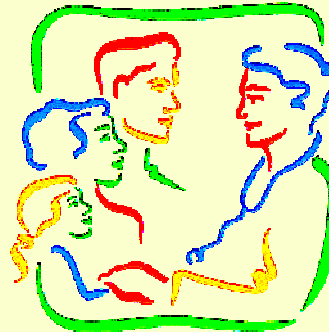
Location: **Navy Environmental Health Center, Norfolk, VA**

Number of days: **179**

Start date: **5 March 2001 (negotiable)**

Brief description of duties: **Perform a needs assessment; Develop a Naval Reserve HP Program business plan integrating Reserve activities with existing AD programs; Liaison with appropriate organizations and groups related to HP issues and the Reserve Force; Assist BUMED and NEHC Program Managers with Total Force HP to insure applicability and dissemination to Reserve component members.** To apply and get more information about ADSW, click on ADSW opportunities INCONUS at <http://www.navres.navy.mil/navresfor/n3/n32/adsw.html>.

POC at NEHC is Lynn Klanchar at DSN 953-5486 or 757-462-5486. Interested candidates may send a resume and a brief statement about their expertise to [klancharl@nehc.med.navy.mil](mailto:klancharl@nehc.med.navy.mil).



### Mark your calendars!

**13 May 2001 training opportunity in San Diego, CA** PPIP/HP

coordinators, health educators, provider champions and all interested in hearing about the latest DoD trends in

prevention and population health initiatives should plan now to attend this one-day pre-conference training session "**Population Health for Tri-Service Health Promotion and Prevention Champions**". This is recommended training for new and seasoned professionals involved with Putting Prevention Into Practice or providing clinical preventive services (CPS). Subject matter experts from the Army, Navy and Air Force will be featured plus service-specific breakout sessions. Plan to attend this special pre-conference Population Health session, then stay for the week-long **1<sup>st</sup> DoD Population Health & Health Promotion Conference 14-18 May 01**, all part of NEHC's 41<sup>st</sup> Navy Occupational Health and Preventive Medicine Workshop. For more information, go to the Workshop information page at <http://www-nehc.med.navy.mil/workshop2001.htm>. The site is updated regularly and on-line pre-registration begins 1 Feb 01

### **Wellness has hit the mainstream in our culture!**

Current articles in popular magazines include- "7 Secrets of People Who Never Get Sick" and "Nix Negative Thinking" in January Ladies Home Journal; 20 Ways to better health in Minutes- January edition of Better Homes and Gardens; and 10 Laws of Leanness and All the President's Stress... Men's Health Jan/Feb issue.

### **"The Health Care of Women in Military Settings" On-Line and CD versions now available!**

Operational Obstetrics & Gynecology (2<sup>nd</sup> edition) NAVMEDPUB 6300-2c is a manual for Operational OB-GYN developed by Operational Medicine and Fleet Support Division, BUMED. This valuable tool (especially for persons at isolated locations or with limited medical resources), addresses women's health care issues in military settings that are different than civilian settings. There is plenty of focus on preventive care in the manual including chapters on: routine care, pap smears, contraception, STDs, and women in field environments. Copies of the CD are available by calling Naval Operational Medicine Institute (NOMI) at DSN 922-2292/4487 or Commercial 850-452-2292/4487. The manual can be viewed on-line at [http://navymedicine.med.navy.mil/women\\_health/default.htm](http://navymedicine.med.navy.mil/women_health/default.htm)